

OTTAWA

metro

Going from red to blue?

Progressive Conservatives have a shot at McGuinty's former Ottawa South seat, poll finds

Stage is set for violence

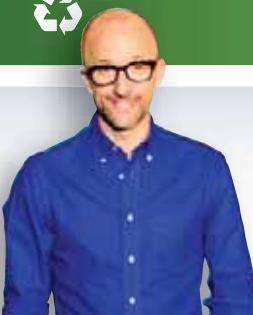
Deadly clashes break out during funerals of slain supporters of Egypt's ousted Islamist president

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LET'S TALK ABOUT THE BEST SHOWS ON TV

THE WRITERS' ROOM LOOKS AT THE CREATIVE PROCESS INVOLVED IN SERIES LIKE BREAKING BAD, DEXTER AND NEW GIRL

PAGE 12



Ottawa police Insp. Chris Renwick speaks to the media Sunday behind the Kelsey's restaurant in South Keys as police comb a nearby ravine where a police officer discovered a body. JOE LOFARO/METRO

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South Keys. Police removed the body from a ravine behind a Kelsey's restaurant



JOE
LOFARO

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Family and friends are waiting to hear from police as forensic investigators work to identify a body found behind Kelsey's restaurant in South Keys, not far from where a missing North Dundas woman's car was found Friday.

OPP say Melissa Richmond's gold Chrysler Sebring was found in a South Keys plaza close to where a police officer discovered the body

Sunday morning.

The 28-year-old woman went missing Wednesday evening.

Ottawa police have not confirmed whether the discovery of the body is linked to the missing-person investigation for Richmond.

"We're not making any connections right now. Frankly, we don't know what we have here yet, and major crime will share that when they have more information," Renwick told reporters at the scene. "We have not identified the person."

Ottawa police Insp. Chris Renwick said an officer discovered the body at 8:59 a.m. in a ravine that is located between the restaurant and Bank Street.

A man who identified himself as a friend of the Rich-

mond family was at the scene Sunday afternoon watching as police conducted their investigation. He said he was asked by Melissa's husband, Howard Richmond, not to make any official comments until police know more information.

Police removed the body from the bushes at around 3 p.m. and placed it into one of their vehicles. Major crime told Metro an autopsy will be performed Monday.

Richmond's friends set up the Facebook page "Help us find Melissa Richmond" to share information about her physical description in an effort to locate her. By Sunday evening, the group had more than 1,260 members.

Renwick said Kelsey's was closed Sunday likely due to the close proximity to the crime scene.



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Blood on sidewalk

Police investigate Little Italy incident

Ottawa Police shut down roads near Preston Street and Gladstone early Sunday morning after reports of a disturbance.

Upon arriving, officers noticed blood on the sidewalk and closed the area off for evidentiary purposes. The roads were later opened, and police say they're continuing to investigate the matter. **METRO**

\$450K in damages

Carelessly discarded 'smoking material'

A fire that displaced 12 people from the Argyle Avenue apartments was caused by "carelessly discarded smoking material," according to firefighters.

According to the Ottawa Fire Service, the fire originated on one of the building's balconies and spread to two other units between the two layers of brick that make up the building's walls. One person received minor burns. Total damage is estimated at \$450,000 to both the building's units and the contents of the apartments. **METRO**

Doris Avenue

Fire consumes south side bungalow

Firefighters were called to a bungalow at 12 Doris Ave., on Saturday after fire broke out in the garage's roof.

The resident, who awoke to a smoke alarm, had already evacuated when firefighters arrived just before 7:30 a.m. Saturday. Damages were estimated at \$150,000 to the home and \$100,000 to its contents. The man suffered no injuries. The cause is as yet unknown. **METRO**



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NEWS

Final stretch: Wynne tries to rally support

Ottawa South byelection. Poll suggests Progressive Conservatives have a shot at McGuinty's former seat



ALEX BOUTILIER

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Premier Kathleen Wynne made an appearance on the Ottawa South campaign trail Sunday morning as a recent poll showed the Liberals 14 points behind in the Aug. 1 byelection.

Poll says

The Ottawa South poll interviewed 631 residents over the phone and has a margin of error of plus or minus four per cent, 19 times out of 20.

- Of those interviewed,

48 per cent said they supported Young, 34 per cent Fraser, 12 per cent the NDP's Bronwyn Fu-nicello, and five per cent for the Green's Taylor Horwath.

"(But) we know (the Liberals) have a good organization on the ground."

The Liberals have held Ottawa South since the late 80's, when Dalton McGuinty Sr. was elected in 1987. Before then, the riding voted consistently with the blue team.

The Forum poll looked at three of the five ridings in play for Thursday's byelection. In two, Etobicoke-Lakeshore and Ottawa South, the PCs had the edge. In the third riding, Scarborough-Guildwood, Liberal candidate Mitzie Hunter was leading.

Voters in Ottawa South head to the polls on Thursday.

Scouts. Volunteer charged with sexual assault

A Scouts Canada volunteer was arrested Thursday and charged with 18 sexual assault-related charges against three minors in his care.

Scott Graham Stanley, 30, appeared before a judge at the Ottawa courthouse Friday.

He is accused of six counts of sexual assault, six counts of sexual interference with children under the age of 16, three counts of invitation to sexual

touching and three counts tele-communication with a person under 16, specific to criminal offences. In incidents from 2012 to 2013 he is accused of abusing three boys, who are all under the age of 16, while working as a Scouts Canada volunteer.

A day-long bail hearing for Stanley is scheduled on Monday, July 29 at 9:30 a.m., where the court said it will review evidence. **GRAHAM LANKTREE/METRO**

Chinatown pot shop burns out

A new medicinal marijuana storefront in Chinatown has closed up shop Friday, just weeks after opening.

The Greater Ottawa Health Advocacy Centre non-profit at 790 Somerset St., opened in the first week of July and has gone as mysteriously as it arrived.

The cell phone number for the shop's founder and owner Shannon Topfer, of B.C., has been disconnected with no



The Greater Ottawa Health Advocacy Centre GRAHAM LANKTREE/METRO

forwarding contact.

"We sent uniformed officers down Monday or Tuesday

to have a chat with them," said Ottawa police drug unit commander, Staff Sgt. Mike Laviolette. "We were going to tell them to shut down."

The store said initially it was selling pot to anyone who promised to get a medicinal marijuana licence and filled out the required paperwork, but soon reneged and would only sell to card-carrying medical pot patients.

GRAHAM LANKTREE/METRO

Cops investigate after body found in home hit by a suspicious fire

One dead. Police locate car they say is connected to Gatineau blaze

 JOE LOFARO
joe.lofar@metronews.ca

Gatineau police are continuing their investigation after a body was found inside a home that was damaged by a suspicious fire Saturday.

Police responded to 14 Rue de Gaspé at approximately 9 a.m. and evacuated some neighbours as a precaution. Police say they found evidence on scene that leads them to believe it was arson and are not ruling out the possibility the fire was caused by an explosion.

They are unable to determine yet if the death is connected to the suspicious fire. The deceased's name and gender have not been released publicly, but police said the next of kin has been

contacted.

Police were previously searching for a vehicle of interest, but found it soon after seeking the public's help in tracing it. They are not disclosing where they found it, only that it was found in the Gatineau area.

The vehicle is a burgundy 2004 Pontiac Sunfire with a rear spoiler with the Quebec license plate number is 733 XJG. Police believe it may be connected to the suspicious fire.

Police say the rear of the vehicle is damaged and the front license plate has a picture of a rose on it.

Investigators in white suits could be seen removing debris from inside the home Sunday afternoon as police cruisers were parked nearby. Neighbours declined to provide comment.

Anyone who may have witnessed the incident or has information is asked to contact Det. Sgt. Cindy Grenier at 819-243-2345 extension 7688.



Gatineau police vehicles were parked outside 14 Rue de Gaspé on Sunday. Police believe a fire at the home the previous day may have been arson. JOE LOFARO/METRO

Take in a show and a picnic at Strathcona Park



The crowd looks on at the opening night performance of Arms and the Man in Strathcona Park on Thursday. CULLEN BIRD/METRO

Half are packed to gills

Ontario jail overcrowding at six-year high

Nearly half of Ontario's jails are overcrowded, a six-year high that sees cells meant for two people at times hold three or more as the prov-

ince struggles with a rising tide of inmates who have yet to have their day in court.

Statistics by the Ministry of Community Safety and Corrections reveal that on an average day last year 14 of the province's 29 jails held more prisoners than they were designed for.

The jump in overcrowding comes as no surprise to

Shawn, who was recently released from the jam-packed Elgin-Middlesex Detention Centre in London, Ont., after 18 months in pretrial custody.

He says overcrowding forced him to flop down on a narrow stretch of floor between two occupied beds in a cramped seven-by-two metre cell. Lying on a thin,

mother, Catherine, are waiting for the end of the war and the return of Maj. Paul Petkoff and Maj. Sergius Saranoff, Catherine's husband and Raina's fiancé, respectively.

The plot thickens when defeated Serbian troops retreat through town, and a Swiss officer climbs the house's water pipe to take refuge in Raina's bedroom.

He threatens her with a pistol, which turns out to be empty. In his pockets? Nothing but chocolates.

This is the first blow to the image of the dashing soldier at war. What unfolds

afterwards is an upending of traditional plot conventions.

The actors do a superb job of self-consciously and comically exaggerating the ideals they are supposed to revere. The extent to which Raina and Sergius coo to each other, even performing a little dance number when they are first reunited, is simultaneously hilarious and surreal.

Odyssey Theatre also made the interesting decision to perform the play with masks and heightened makeup, which interim artistic director Janet Irwin believes is a first for a Shaw play. The

Midsummer nights

Odyssey Theatre's partnership with Le Cordon Bleu Bistro @ Signatures means theatre-goers can buy picnic dinner at the restaurant, then cross the street into Strathcona Park for the play.

- The play runs until Aug. 25, with the picnic available Wednesdays, Thursdays and Fridays.

story, which is clear and well told, certainly doesn't suffer. CULLEN BIRD/FOR METRO OTTAWA

against the province over his treatment in jail.

Last year the province-wide capacity rate hit 98.5 per cent, matching a peak set in 2008/09 and coming in slightly above the average rate in the intervening four years, earlier figures obtained through freedom of information show.

THE CANADIAN PRESS



IT WAS 15 YEARS AGO TODAY!

On July 29, 1998, a Human Rights Tribunal said PSAC was right – many women in the federal government were not being paid fairly.

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A crashed train ready to be deposited in Santiago de Compostela, Spain, Sunday. Spain's interior minister says the driver whose speeding train crashed, killing 79 people, is being held on suspicion of negligent homicide. LALO R. VILLAR/THE ASSOCIATED PRESS

Spanish train driver charged in 79 deaths

Derailment. Bystander claims Francisco Jose Garzon Amo told him after the crash that he wasn't able to brake

Local resident

"He told us that he wanted to die."

Evaristo Iglesias, a Spanish resident who was with train driver Francisco Jose Garzon Amo after the crash last Wednesday

week and is forbidden to leave Spain without permission.

Garzon was not sent to jail or required to post bail because none of the parties involved felt there was a risk of him fleeing or attempting to destroy evidence, the statement said.

Garzon was questioned for almost two hours at the court in Santiago de Compostela, the northwestern town near where

the accident occurred.

Garzon was driving the train carrying 218 passengers in eight cars that hurtled far past the 80 km/h speed limit into a high-risk curve on Wednesday, tumbling off the tracks and slamming into a concrete wall, with some of the cars catching fire.

A local resident who rushed to the scene of the accident said in an interview broadcast Sunday that minutes after the crash Garzon had told him he had been going fast and couldn't brake.

"He said he had needed to brake but couldn't," said Evaristo Iglesias.

THE ASSOCIATED PRESS

France

Thieves swipe \$53M in jewels

A staggering 40 million euro (\$53 million) worth of diamonds and other jewels was stolen Sunday from the Carlton Intercontinental Hotel in Cannes, in one of Europe's biggest jewelry heists in recent years, police said. One expert noted the crime follows recent jail escapes by members of the notorious "Pink Panther" jewel thief gang.

The hotel in the French Riviera was hosting a jewelry exhibit over the summer from the prestigious Leviev diamond house, owned by Israeli billionaire Lev Leviev.

THE ASSOCIATED PRESS

Sticking it out. Weiner pushes forward despite loss of campaign manager

Anthony Weiner vowed to stay in the race for New York City mayor Sunday after the loss of his campaign manager and the drumbeat of critics questioning his fitness for public office after new revelations of lewd online behaviour.

Weiner confirmed that campaign manager Danny Kedem resigned Saturday after reports surfaced that Weiner had continued to exchange lewd photos and messages with women despite resigning from Congress in 2011 over the same behaviour.

THE ASSOCIATED PRESS



Anthony Weiner THE ASSOCIATED PRESS

83 killed in Egypt's weekend clashes

Tensions. Crackdown expected after PM given right to give military authority to arrest

Escalating the confrontation after clashes that left 83 supporters of Egypt's ousted Islamist president dead, the interim government moved Sunday toward dismantling two pro-Mohammed Morsi sit-in camps, accusing protesters of "terrorism" and vowing to deal with them decisively.

Morsi's Muslim Brotherhood denounced Saturday's bloodshed as evidence of the brutality of the military-backed regime. But many accused the group's leaders of trying to capitalize on the loss of life to win sympathy after millions took to the streets in a show of support for the military chief who ousted Morsi in a coup.

Gen. Abdel-Fattah el-Sissi said he would take the popular support as a mandate to deal with violence and "potential terrorism" — a thinly veiled reference to a widely expected crackdown on Morsi supporters in the sit-in camps in Cairo and against radical Islamists in the Sinai peninsula who have been waging deadly attacks against security forces since Morsi was ousted in a July 3 military coup.

Brotherhood supporters staunchly reject the new leadership and insist the only solution to the crisis is to reinstate Morsi. Meanwhile, the interim leadership is pushing ahead with a fast-track transition plan to return to a democratically elected government by early next year.

The Brotherhood, accused by critics of trying to monopol-



A supporter of Egypt's ousted president Mohammed Morsi trims hair in a makeshift barbershop during a protest on Sunday near Cairo University. Setting the stage for more confrontation, the military-installed interim president gave the prime minister the power to grant the military the right to arrest civilians. MANU BRABO/THE ASSOCIATED PRESS

ize power during Morsi's year in office, routinely claims supporters are killed in cold blood by army troops, police or thugs sponsored by the Interior Ministry. However, witnesses and videos posted on social networking sites show that Morsi supporters consistently use rocks, firebombs and firearms against opponents.

The violence continued Sunday, when deadly clashes during funerals for two of the slain Morsi supporters left two men

dead and scores injured in two cities north of Cairo, Port Said and Kafra el-Zayat.

Interior Minister Mohammed Ibrahim warned security forces would deal decisively with any attempts to destabilize the country. The nation's highest security body issued a statement saying the pro-Morsi sit-in camps violated Egypt's national security and warning that "decisive and firm" action would be taken.

THE ASSOCIATED PRESS

Deadly confrontations

Saturday's clashes — the deadliest since more than 50 Morsi supporters were killed by troops on July 8 — occurred before dawn when police and armed men in civilian clothes fired on protesters as they tried to expand their sit-in camp by moving onto a nearby main boulevard.

Israel approves prisoner release

The U.S. on Sunday announced the resumption of Israeli-Palestinian talks following years of stalemate, after Israel's cabinet agreed to release 104 Palestinian prisoners convicted of deadly attacks.

The return to direct contact between the sides gave U.S. Secretary of State John Kerry his first concrete achievement after months of shuttle diplomacy.

The U.S. said preliminary

talks would begin Monday, but it remained unclear whether they will lead to a formal resumption of peace talks that broke down in 2008.

Despite a return to the table, neither side appeared upbeat. Each has blamed the other for the lack of success in 20 years of negotiations interrupted by bouts of violence.

Negotiators made progress in previous rounds, and the outlines of a deal have emerged

— a Palestinian state in most of the West Bank, Gaza and east Jerusalem, lands captured by Israel in 1967, with border adjustments to enable Israel to annex land with a majority of nearly 600,000 settlers.

Those talks broke down before the sides could tackle the most explosive issues, a partition of Jerusalem and the fate of Palestinian refugees and their descendants.

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Israeli PM Benjamin Netanyahu
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Girl run over

Teens surrender in apparent egging gone badly wrong

Three teen boys allegedly involved in a hit-and-run that left a girl with broken legs have turned themselves in, say police in Abbotsford, B.C.

The trio surrendered just hours after they allegedly ran the girl over.

Early Saturday, a group of teens were sitting at a bus stop when a truck slowed and two passengers started throwing eggs, police say.

One of the teens, 17, walked up to ask why. But the truck accelerated, running the girl over, police say. Officers will be recommending charges of assault against the two passengers and a charge of hit-and-run causing bodily harm against the driver.

METRO IN VANCOUVER

Rash of incidents

Innu community mulls booze ban

Band councillors in the Labrador Innu community of Sheshatshiu say it's time to consider banning alcohol after a string of recent deaths, accidents and arrests.

Leaders are getting legal advice for a possible bylaw that will be publicly discussed later this summer and would

be voted on by residents, said council member Greg Pastitschi.

Recent incidents have many questioning the role of addiction in the high number of police calls in the area.

Statistics Canada said in a 2011 report that the number of incidents per RCMP officer across the country was just over 30 in 2010. That jumped to 129 for the Happy Valley-Goose Bay region.

THE CANADIAN PRESS

Airport death

Verdict looms in Taser perjury case

One of four Mounties accused of lying to an inquiry into the death of immigrant Robert Dziekanski will learn his fate Monday. Const. Bill Bentley's troubles began when he tried to reconcile video evidence with what he initially told police. THE CANADIAN PRESS

Spain

Teen boy gored at run-of-the-bulls

Police say a 16-year-old boy has been gored to death at a running-of-the-bulls festival in a Spanish town. The youth was struck in the back while celebrating Saturday's Apostle James feast at Isso, 322 kilometres southeast of Madrid.

THE ASSOCIATED PRESS

Body of dead children's mother found

Winnipeg. Woman pulled from river had been missing since children found at home

 **ELISHA DACEY**
Metro in Winnipeg

Winnipeg police confirmed Sunday that the body pulled from the Red River on Saturday morning is that of Lisa Gibson.

The mother of two disappeared after both her children were reportedly found drowned in the bathtub of their Westwood neighbourhood home on Wednesday.

Police were initially hopeful that Gibson was alive and in hiding, but by Friday they began concentrating their efforts on searching for her body on the Assiniboine River, which runs near her home.

Her body was spotted by passersby in a canoe.

Const. Eric Hofley said that despite finding Gibson's body, the investigation will continue.

Unknowns

Police would not confirm that the children were found drowned, how they died or how Gibson died or ended up in the river.

Hofley said autopsies have been conducted on Anna, 2, and Nicholas, three months, but they would not be releasing the cause of death due to the ongoing investigation. Hofley added an autopsy has also been completed on Lisa's body.

The police tape is now down around the family's home, but a makeshift memorial of balloons, flowers, stuffed animals and notes of love and sadness remains piled on the property. A group of mothers held a vigil there Thursday night. Many others have taken to social media to express their sadness and horror.

There are reports Gibson was suffering from post-partum psychosis, but Hofley said he could not confirm any such details.

WITH FILES FROM THE CANADIAN PRESS



These shots show a memorial set up in honour of alleged impaired-driving victim Brandon Thomas before and after it was apparently hit by thieves in Cochrane, Alta., on Friday. COURTESY KIM THOMAS

Mother begs thieves to return son's memorial

Family members of an Alberta teen killed by a suspected impaired driver are pleading for thieves to return numerous keepsakes stolen from a roadside memorial.

Cochrane resident Brandon Thomas, 17, died Dec. 6 when police say a pickup being driven in the wrong lane slammed into his car head-on.

In his honour, friends and family established a roadside memorial at the spot where his vehicle came to a rest. It consisted of a cross and numerous keepsakes, including Brandon's wallet, model cars, an X-Box controller he carted around to friends' houses, a stuffed teddy bear from an ex-girlfriend he'd stayed close

Sorrows great and small

"Somebody already took the most important thing from us — and that's Brandon."

Mother Kim Thomas

with as well as cherished photos and flowers.

But, according to mother Kim Thomas, every item was stolen sometime Friday.

She and Brandon's sister, Kayla, have called the RCMP, Alberta Transportation and Rocky View County to determine if any officials took the memorial down, but none claimed responsibility.

Kim is now pleading with

whoever did take the items to simply return them to the spot, no questions asked.

"I don't want justice, retribution or anything," she said Sunday. "These things represent love."

Kim said she's discovered tire tracks in a ditch near the memorial and filed a complaint alerting local RCMP.

She is also making plans to put new items at the site and said she has considered camping nearby to ensure they aren't tampered with.

"The value, dollar-wise, means nothing, but that's Brandon's stairway to heaven right there," Kim said. "We'll never replace any of that stuff."

JEREMY NOLAIS/METRO IN CALGARY

Nova Scotia. Police have zero leads in unprovoked 20-man beatdown

Police are asking for the public's help in finding the attackers involved in an early-morning swarming in Dartmouth, N.S., that sent one man to hospital.

The incident occurred at 12:30 a.m. Sunday, when a group of five adults in their early 20s were attacked by about 20 young men.

None of the victims, including three men and two women, were seriously injured in what police are calling a random and unprovoked attack.

One man was sent to hospital for precautionary reasons but was later released.

A backpack was allegedly stolen from one of the women, containing identification and a cellphone. A police K-9 unit later found the bag with the phone missing.

So far police have no suspects or leads. The attackers are all described as being in their late teens or early 20s.

"We're hoping that anyone who might have witnessed the altercation would come forward and speak to us," said Halifax Regional Police spokeswoman Sgt. Christina Martin.

Last December, police responded to two Dartmouth swarmlings on the same evening.

A 21-year-old woman was punched and kicked after three females tried to steal her backpack at a bus terminal, while two men were swarmed by five or six males about 45 minutes later.

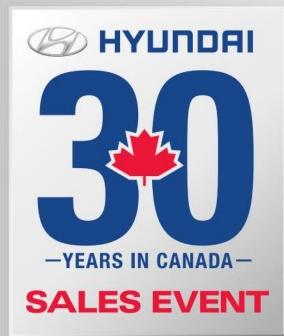
Police say a knife was used in the assault, which left one of the victims with cracked teeth.

ANDREW RANKIN/METRO IN HALIFAX



Winnipeg police say a body pulled from the Red River is that of Lisa Gibson, the 32-year-old mother of two children who were reportedly drowned in their home earlier this week. CONTRIBUTED

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NO MONEY DOWN				

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metro

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metronews.ca
Monday, July 29, 2013

Demand for cyber insurance soars

Online attacks. Spate of high-profile data breaches has made firms eager to protect themselves from losses

Quoted

"This is the fastest growing area of commercial insurance in the world right now."

Michael Peterson, a managing director at Marsh Canada Limited

cyber insurance division of Aon Corp.'s Canadian brokerage arm.

"We've reached a threshold where people are now coming to us instead of us going to them," said the vice president.

Insurance brokers say the frequency of high-profile data

breaches is causing a surge in demand for insurance products that protect against losses stemming from cyber attacks.

On Thursday, U.S. prosecutors charged five people with stealing 160 million credit and debit card numbers from companies including 7-Eleven Inc., JC Penney and French retailer Carrefour, calling it the largest data breach in the country's history.

Other victims of data breaches in the past few years include Sony's PlayStation Network, financial institution Citigroup and a number of Canadian government departments. **THE CANADIAN PRESS**



If a turtle could talk to itself, what would it say?

Here's a new twist on zoo marketing — the San Antonio Zoo has taken to posting imaginary conversations on Facebook between the right and left heads of its celebrated two-headed Texas cooter turtle, Thelma and Louise. Zoo officials report that the turtle, who was born last month, has been doing well. Spokeswoman Debbie Rios-Vanski says the turtle eats and swims, and that the two heads get along. Check out what the shell-backed duo has to say at facebook.com/thelmaandalouise.turtle. SAN ANTONIO ZOO/THE ASSOCIATED PRESS FILE

Nova Scotia

Mission aims to fight oyster disease

Eleven years after a fatal disease damaged Nova Scotia's oyster industry, a maritime delegation is travelling to the U.S. to learn how New England's aquaculture industry was so successfully revitalized.

The aquaculture associations of both Nova Scotia and Prince Edward Island are leading a group of about 16 researchers, industry delegates and government officials to Maine, Massachusetts and Rhode Island for a week-long visit to discuss technology and policy approaches to battle MSX disease. **THE CANADIAN PRESS**

Choppers. Aircraft maker's proposal could speed up retirement of Sea Kings

The Harper government has been asked to accept the air force's long-delayed CH-148 Cyclone maritime helicopters as they are currently configured and gradually phase them into service using regular software upgrades intended to make the aircraft fully operational.

The proposal is being floated publicly by Sikorsky aircraft in the wake of a federal cabinet shuffle that has left both National Defence and Public Works with seasoned but not yet fully acclimatized ministers.

At the same time, the aircraft maker and Defence have agreed to a separate plan that would allow flight testing to begin on four helicopters that have been delivered to the military air base in Shearwater, N.S.

The evaluation, to begin in early August, inches the politically painful program ahead for the Conservative government, which has grown more impatient and vocal in its frustration over the replacement of decades-old Sea Kings.

THE CANADIAN PRESS

IS THERE SAFETY IN NUMBERS?

Are you feeling approximately one per cent safer? Statistics Canada's latest data suggest that's the amount Ottawa's crime rate dropped in 2012, with a two per cent drop in crime severity, part of a long-term nationwide downward trend. Compared to other Canadian cities, Ottawa's the town that crime forgot, with the sixth-lowest rate of reported offences.

Statistics and trends, though, are not how we experience crime. Usually, it's through media reports, where the more awful the act, the more likely it is to get the front page, feeding a well-documented disconnect between our perception of crime and its actual prevalence.

Some can't help exploiting this gap. Our federal government, resolutely tough on crime whether it exists or not, has been ignoring falling crime rates or claiming sky-high rates of "unreported crime" while cranking up sentences and spending on prisons.

Now our newly sworn minister of public safety has changed



URBAN COMPASS

Steve Collins

ottawa@metronews.ca

tack, crediting his government's policies for the latest figures — part of a 20-year downward trend, remember — even as RCMP investigators rap on the doors of the Senate and the PMO.

If you're actually a victim of crime, or even a witness, it can be hard to credit abstract numbers over your own experience.

Recently, I saw a spike in my neighbourhood's usually zero-ish crime rate, making two statements to police in a month after an apparent assault and a definite hit-and-run.

Last week, a woman communicated with me for the purposes of prostitution, as the Criminal Code would put it. Something about the broad daylight proposition made me laugh. I might have also said "Thanks anyway." An awkward moment, sure, but victimized I was not.

I later learned police had been conducting a john sweep in the area on that very day, so there's a possibility I misjudged her profession and she had actually been communicating for the purpos-

es of entrapment. In the midst of this stubborn non-crime wave, after all, police have to keep busy.

As crime continues its steady fade, municipal police budgets have swollen, a per capita increase of 41 per cent in 10 years, according to StatsCan, and by far the biggest expense is payroll. Arbitrators blew our police budget again this year, awarding officers nearly three per cent pay increases for 2011 and 2012, much to the consternation of Police Services Board chair Eli El-Chantiry, who despairs of our ongoing ability to pay.

Police officers should be well-compensated. They put up with a lot of crap in a day, and few of us could hack their jobs. But a quarter of our force now makes north of \$100,000. The provincial "Sunshine List" includes the names of 113 rank-and-file Ottawa constables pulling down six-figure salaries, the highest of which is \$143,740.

One of the more commonly cited factors in our declining crime rate is not well-to-do cops but our greying population, with fewer young Canadians in their criminal prime. As time goes on, we're going to have to spend more on more hips and home care than on handcuffs and helicopters.

ZOOM

Faithful flood Brazilian coast



MARIO TAMA/GETTY IMAGES

Massive crowd to see Pope Francis

Nearly the entire four-kilometre crescent of Rio's Copacabana Beach overflowed with flag-waving followers on Sunday for the final mass of Pope Francis's historic trip to his home continent, cheering the first Latin American pope in his final homily of World Youth Day.

THE ASSOCIATED PRESS

Took a toll on the area

The stench of garbage and human waste hung in the humid air, and the beach and adjoining chic Atlantic Avenue looked like an improvised refugee camp. Copacabana's famous sidewalks were strewn with trampled cardboard, plastic bags, empty water bottles and cookie wrappers.

One of the biggest turnouts

The Vatican said more than 3 million people were on hand for the mass, based on information from World Youth Day organizers and local authorities who estimated two-thirds were from outside Rio. That was far higher than the 1 million at the last World Youth Day in Madrid in 2011 or the 850,000 at Toronto's 2002 concluding Mass. The next World Youth Day will be in Krakow, Poland, in 2016.

3 million



The Pope blesses a child as he rides in the papemobile. Hundreds of thousands of people slept in the sand awaiting the final mass. THE ASSOCIATED PRESS

Clickbait

If you tend to throw back a few too many cocktails on these balmy summer nights — and who doesn't — you may find that your judgment is a little skewed. So raise your glass to these apps that determine whether you're in shape to drive home, or if you should be calling a cab.



AlcoDroid

Gives you a blood-alcohol content estimate based on the number of drinks you've consumed. It also functions as a diary that lets you track your drinking habits over time and includes a Facebook function that updates your friends, in case you are too inebriated to do it. Available on Android.

Last Call

This app is a gen for BAC calculations. Key in the drinks you've consumed, and the app will figure out how drunk you are instantly. It's been lauded for its easy-to-use interface and has some bonus features: Location-based taxi search and a list of local DUI lawyers. For iOS.

Twitter



@metropicks asked: A two-headed turtle gets its own Facebook page. If your pet had a Facebook page, what would its status say?

@rblaprairie: My pet beta fish would always have a status that read: "this tank is still being tested"

@PlainSJ: "Owners put me down last month. AVENGE MY DEATH!"

@momomoto: "Pooping."

WE WANT TO HEAR FROM YOU:

Send us your comments: ottawaletters@metronews.ca

BreathalEyes

This one is unique because instead of inputting a number of bevvies, you use the phone's camera to take a video of your eye, and the app determines BAC based on the shakiness of your gaze. The downside is this does require someone you're with to have a steady hand. It's available for iPhone but an Android version will be on tap soon.

Funtoxication

Your friend claims they got "wasted" last night. Really? This app gives you proof with the ability to set up multiple profiles. The app comes with games that challenge your skills and memory while you're under the influence. For iPhone. METRO

All rounder Rash makes Room for talented writers

Q&A. Oscar-winning screenwriter talks about his new show *The Writers' Room* and audiences' newfound respect for storytelling

NED EHRBAR

Metro World News in Hollywood

Jim Rash's resumé is already pretty robust, earning acclaim as a comic actor (*Community*), director (*The Way, Way Back*) and screenwriter (*The Descendants*, for which he and co-writer Nat Faxon won an Oscar), but there's always room for more. His latest gig is hosting *The Writers' Room*, a round-table discussion series going behind the scenes of fan-favourite television series like *Breaking Bad*, *Game of Thrones* and *New Girl*.

The idea of TV being "the writer's medium" has really taken hold with audiences. Where do you think that's coming from?

I feel it's because of this rabid fan base, this need for knowledge that we all have. I feel like they have respect now for the storytelling. Not that no one had an idea where it came from, but I feel like people have a newfound respect for good stories. I think TV's in a really great place right now as far as embracing flawed, sometimes questionable people, from *Dexter* to *Breaking Bad* to any of these shows like *Mad Men* — complex

characters that you get so frustrated by. In the age of binge-watching, catching up on shows that you missed, all these things lead you to wondering about the story.

You also have things like Comic-Con, where showrunners get as much attention as actors.

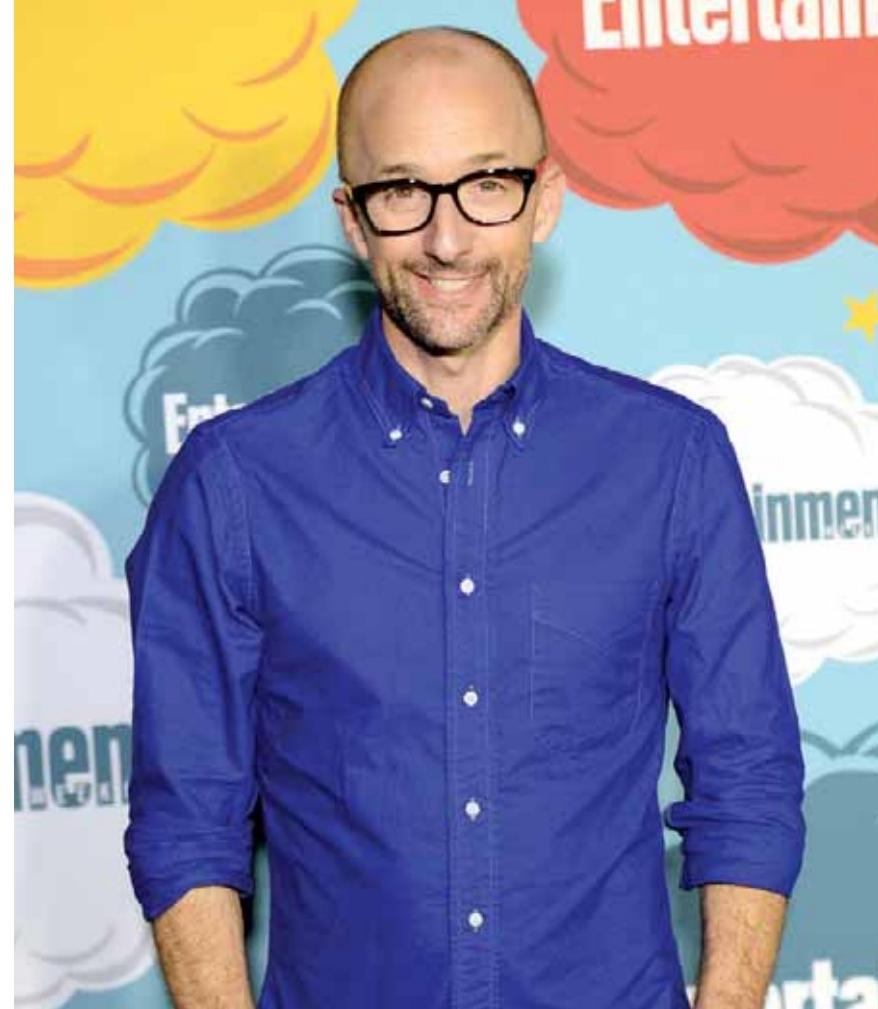
Yes, I think it's another outlet. It's another version of social interaction and connection to people that we didn't have certainly when I was growing up. We just watched the TV show, maybe read a magazine or a review.

If you could pick any series, living or dead, from the history of television for *The Writers' Room*, what are your dream choices?

It's tough. I'd be very curious talking to *MASH* writers just because I have a fascination with the balance of comedy and extreme drama and just the idea behind that show. I feel like I'd want to do a moment with the *Cheers* writers just because that's probably the quintessential show of my life. Then I think I would want to sit down with *Lost* because I have a lot of questions, being a guy who watched from the beginning with groups.

How about having Dan Harmon on *The Writers' Room* now that he's back running *Community*?

I'd love to do *Community*. I know that *Walking Dead* was on the list to be done,



Actor, director and screenwriter Jim Rash hosts *The Writers' Room*. GETTY IMAGES

but it was an AMC decision. I start with *Breaking Bad* and then I get to do that. So I feel like there's lots of shows that would be

all on board to do it. And I think a lot of them, as soon as they see what it is, I feel like they'll embrace it because it really is a

celebration of what they're doing. So I hope they'll see that it's light and fun and introspective about their process.

Aniston sets record straight. Wedding will happen 'when it's perfect'

Jennifer Aniston is dismissing rumours about her upcoming wedding to Justin Theroux and setting the record straight.

"We just want to do it when it's perfect, and we're not rushed," the 44-year-old actress said while promoting her new film, *We're the Millers*.

Aniston and Theroux, 41, began dating more than two years ago and got engaged on

his birthday last August. Since then, their indefinite plans have led to speculation ranging from a broken engagement to Theroux getting cold feet.

"There have been no postponed weddings. There have been no arguments about where to get married. Just clearing all that up," she said. THE ASSOCIATED PRESS



Jennifer Aniston GETTY

Hillary

Clinton mini-series in NBC pipeline

A Hillary Rodham Clinton mini-series timed to precede the 2016 presidential election is part of NBC's effort to create "event" programming that will draw viewers to the shrinking world of broadcast network TV, Bob Greenblatt, NBC Entertainment chairman, said. The mini-series, *Hillary*, stars Diane Lane as the former first lady and secretary of state. THE ASSOCIATED PRESS

Competition slashed

The Wolverine takes top spot

The *Wolverine* sliced up monsters and minions to debut atop the weekend box office. According to studio estimates Sunday, the Fox film featuring Hugh Jackman's sixth turn as the claw-wielding superhero opened with \$55 million. Last weekend's top movie, Warner Bros.' low-budget horror *The Conjuring*, slipped to second place. THE ASSOCIATED PRESS

Amanda Bynes' parents worried about their cash cow?

Amanda Bynes' parents' first attempt to secure a conservatorship over their troubled daughter didn't pan out, but they're not giving up just yet. Rick and Lynn Bynes have filed a petition requesting they be appointed Amanda's temporary conservators until a more permanent decision can be made.

"We are deeply concerned that Amanda poses a substantial risk to herself, to others and to property based on recent events in her life," the petition reads, according to TMZ.

The document points to "extremely paranoid" behaviour.

"She would cover smoke alarms with towels, tape windows shut and cover her car's dashboard with cardboard and tape" because she claimed that "cameras were watching her from inside these places," according to the document.

Rick and Lynn are mostly worried about the amount of damage Amanda could do with her \$3.3 million in



Amanda Bynes.
ALL PHOTOS GETTY IMAGES

assets.

"We are informed and believe that a substantial amount of money is being used to pay for marijuana and other illegal substances, and possible plastic surgery," the petition states.



Miley Cyrus

Miley Cyrus likes making it rain on strippers

Miley Cyrus knows how to have a good time, and sometimes that involves going to strip clubs.

"Have I ever been to a strip club? Yes," Cyrus tells London's Capital FM Breakfast radio show.

"How many times? I don't

know. I haven't kept a tally."

When asked if she's previously "made it rain," showering strippers with dollar bills, Cyrus offered a candid response.

"Yes. Am I supposed to lie? I thought I was confessing. This is therapy."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Are creepy old men not a sought after demographic?



STARGAZING
Malene Arpe
scene@metronews.ca

A Taylor Swift's Biggest Fan contest is cancelled when it looks like a creepy 39-year-old man is going to win. "Not so fast, there" says Taylor. "Is he perhaps someone who could potentially cause me to experience a dramatic May-December-type heartbreak? Does his name rhyme with 'sadness'?"



Friends are reportedly concerned Emma Roberts is turning into the next celebrity train wreck. "But," says Lindsay Lohan, "my reign has only just begun."

Dina Lohan was reportedly drunk and slurred

her words when she called Lindsay in rehab for a long-distance family therapy session. "Try topping that, Emma Roberts. I dare you," says Lindsay.

Celebrity Math. Question: If David Spade's mansion sells for \$10.3 million after six years on the market and Goldie Hawn and Kurt Russell sell their Malibu mansion for \$9.5 million, how will Courtney Love pay the \$260,000 she owes in taxes? Answer: By asking Justin Bieber, who made \$58 million last year, Spike Lee who's trying to raise \$1.25 million on Kickstarter and Teen Mom star and bottomless well of ignorance, Farrah Abraham, who has so far made \$119,576.39 off her sex tape.



Bridesmaids star back on the market

Kristen Wiig is back on the market.

The Bridesmaids star has reportedly split from the Strokes drummer Fabrizio Moretti after a year and a half of dating, according to Us Weekly.

A source says the breakup was "completely amicable. They are friends."

Moretti was previously involved with Wiig's pal Drew Barrymore for five years.

Jennifer Aniston's fiancé breaks her toe, the world weeps

Jennifer Aniston has learned the hard way that fiancé Justin Theroux's fashion sense can be painful.

"I have a broken toe," she confesses to E! News. "Not to out my sweet, sweet fiancé, but he has big feet and wears these boots. He stepped on my toe. Broke it. I felt it."



Jennifer Aniston

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A DOUBLE PASS TO

KICK-ASS 2

IN THEATRES AUGUST 16

Book Excerpt

Vacay 4-1-1

IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

When it comes to family vacations, you don't want to leave anything behind — not a child, not a bathing suit, not a toothbrush, and certainly not your established rules and routines.

Is it a drag sticking to routines while on holidays? Absolutely. Is it worth it? One hundred per cent. Sure, go a little crazy with food (and wine, for Mom and Dad only), but try to keep the lid on such things as letting the kids stay up hours later than they usually do. Any child under three will not sleep in to make up for lost time, and they will be cranky.

It's also important to keep some basic rules around meal

time alive during a holiday. If soda pop is not allowed at breakfast at home, it's probably good to stick with that during a road trip as well. Finding the time to have at least one nutritious meal a day can make a big difference, both in your waistlines and in helping the kids feel good.

Personal hygiene is another thing you don't want to let go, particularly if you are dealing with teenage boys who have

already minimized their shower-and tooth-brushing time to infinitesimal levels. If Wednesday is "shower night" at home, keep it going while you're away. Trick them into thinking a Tuesday is a Wednesday if the logistics don't work. What? You're the boss!

FROM KATHY BUCKWORTH'S I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS AVAILABLE AT BOOKSTORES EVERYWHERE. (MCCLELLAND & STEWART, 2013)

Yet another reason mommy drinks? The Fair. Follow the (mis) adventures of parenthood at metronews.ca/voices, and pre-order Reasons Mommy Drinks: the book at Amazon.ca



Things better left unsaid

Parenting. What's that rash? Forget sex. In my day. You look great! are among things not to say to new parents

From diet tips to "little baby, little problems," sleep-deprived and new parents have heard it all. And they want you to stop.

Most every new parent has a greatest hits of lame advice and annoying remarks. For fitness buff Brook Benten, mom of four-month-old Hayes, her list included her post-baby body.

"My swollen uterus made me look like I was still five months pregnant," said the Round Rock, Texas, mom. "I was elated to be a mother, but I knew good and well that I looked baaaaad. Well-intending visitors would look me over and say, 'Wow! You look great!'"

Brandi Jordan, who owns a parenting resource centre in Los Angeles, said the way to avoid ticking off new parents is pretty simple.

"I think that people should not give advice. Period," she said. "People see it as open license when they see someone with a baby to give them their

opinion on how they should have socks on, or they should have a hat on, or they need sunblock, or you shouldn't be taking them out, they're too young. Some people make themselves armchair experts because they've read a lot of things."

That, she said, is why the what-not-to-say problem is so out of control these days. Blogs, social networks and simple online searches are the armchair expert's best friends, said Jordan, who has a six-year-old.

Instead of advice, how about not coming over for a visit when you have a cold, even though you think you and your kids are no longer contagious?

But she also has a suggestion for new parents: How about not rejecting outright the experiences of your own parents due to their grandparently status?

"A lot of new parents discount what their own parents actually know, but a lot of grandparents do have good traditional things that work really well," she said.

First, she said, parents need to realize that they really do need help.

"Before, you didn't need help because your family was right there and did everything, but so many people are far re-



When visiting parents with new babies, leave lame advice at the door. ROBERT DABBS/ THE ASSOCIATED PRESS

moved from their families."

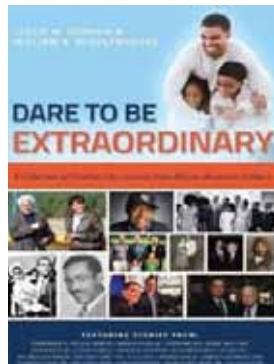
But make sure help is help. Visits should be 10 minutes, not two hours, in the early days unless you plan to throw in a load of laundry, do dishes or cook a meal.

Dr. Richard So, a pediatrician at Cleveland Clinic Children's hospital, has three kids of his own. The youngest is not yet two.

His advice for well-meaning loved ones: "Ninety per

cent is just reassuring that mother that she's doing the right things, that she's not going to harm her baby," he said. "All a new baby needs to do is eat, sleep, poop and grow." THE ASSOCIATED PRESS

I double dog dare you ... to be extraordinary



As he packed his younger son Andrew off to his first semester at college, Bill Middleton felt the anxiety and apprehension that many parents do.

His solution was two index cards printed with Middleton's 12 pieces of advice for his son — one framed and another laminated so that Andrew could tuck it away in his wallet.

Middleton's advice is now part of a book of inspiring stories from black fathers — including boldface names like Russell Simmons and Allan

Houston — that he co-authored with Leslie Gordon. Middleton hopes that the book, *Dare to Be Extraordinary: A Collection of Positive Life Lessons from African American Fathers* will help parents of all communities.

Here are some of the tips Middleton gave for Andrew's first semester:

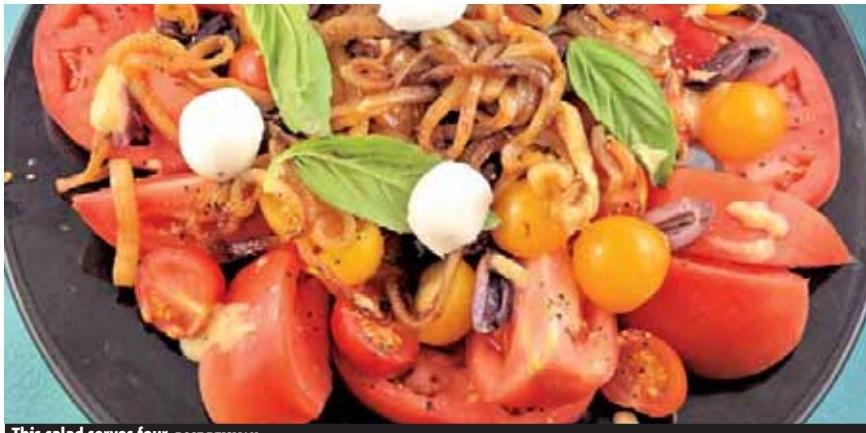
- People will be more willing to help you if you demonstrate to them that you truly care and want to succeed.
- A commitment to excellence is the shortest distance to suc-
- cess. Never shortchange or shortcut an assignment or activity. Always give things your very best.
- When you experience failure — and you will, as we all have — don't let it devastate you. Rather, have it motivate you to work harder and smarter, and to persevere.
- Use your time judiciously and invest in your future wisely. It's always first things first! Attend classes each day, complete homework, study and then do the other things you want to do. You'll always have plenty of

time for the other stuff.

• Be open to growth and guidance from others. Use all the tools in your bag: family, friends, professors and administrators. Don't be afraid to ask for help — it's a sign of strength. If necessary, ask sooner rather than later.

• Many people have invested in you and your success. You honour their investment of trust, confidence and credibility by committing yourself to and acting in accordance with the principles outlined above. METRO

Flavours of Italy sans pots of bubbling pasta sauce



This salad serves four. ROSE REISMAN

ROSE
REISMAN
rosereisman.com

Bocconcini are small semisoft mozzarella cheeses. They come in large or mini balls. If you are using the larger ones, cut them into quarters. Today, bocconcini cheese is made from a com-

bination of water buffalo milk and cow's milk.

1. Salad: Lightly coat small skillet with cooking spray and add the oil. Sauté onion slices over medium heat 10 minutes or until tender and lightly browned. Add sugar and sauté another 5 minutes. Set aside.

2. Arrange the tomatoes, bocconcini and olives on a serving platter. Place the caramelized onions on top.

3. To make the dressing: Whisk together the oil, sour cream, mayonnaise, vinegar, honey and garlic until well blended. Pour the dressing evenly over

Ingredients

Salad

- 2 tsp (10 ml) vegetable oil
- 1/2 large sweet white onion, thinly sliced
- 1 tsp (5 ml) brown sugar
- 2 large field tomatoes, cut into 1/4-inch (6 mm) slices
- 4 plum tomatoes, each cut into 4 wedges
- 1 1/2 cups (375 ml) cherry or grape tomatoes, cut in half
- 2 oz (60 g) mini bocconcini cheese, thinly sliced
- 1/4 cup (60 ml) halved olives

Dressing

- 2 tbsp (30 ml) olive oil
- 1 tbsp (15 ml) 3% sour cream
- 1 tbsp (15 ml) light mayo
- 1 1/2 tsp (7.5 ml) balsamic vinegar
- 1/2 tsp (2.5 ml) honey
- 1/2 tsp (2.5 ml) chopped garlic
- 3 tbsp (45 ml) chopped fresh basil for garnish

the salad and toss. Garnish with basil and serve.

Lunch. Beef-Mango Salad



1. Slice steaks crosswise against the grain into strips as thin as possible. Roughly chop the strips to create bite-size pieces.

2. In a large bowl, combine the steak, mango, cucumber, radishes and onion. Toss well.

3. In a medium bowl, whisk together the vinegar, garlic-chili paste and sesame oil. Drizzle the dressing over the salad, then toss well. Season with salt and pepper.

THE ASSOCIATED PRESS

Ingredients

- Two 6-oz bison or other steaks, cooked as desired and cooled
- 1 large mango, peeled, pitted and diced
- 1 medium cucumber, chopped
- 2 red or Easter egg radishes,

- finely minced
 - 1/2 small red onion, finely minced
- Dressing**
- 1 tbsp rice vinegar
 - 2 tsp garlic-chili paste
 - 1 tsp toasted sesame oil
 - Kosher salt and black pepper

Having salad for dinner may sound boring, but it doesn't have to be. It's easy to toss together a delicious (and nutritious!) salad that goes way beyond the lettuce-tomato-

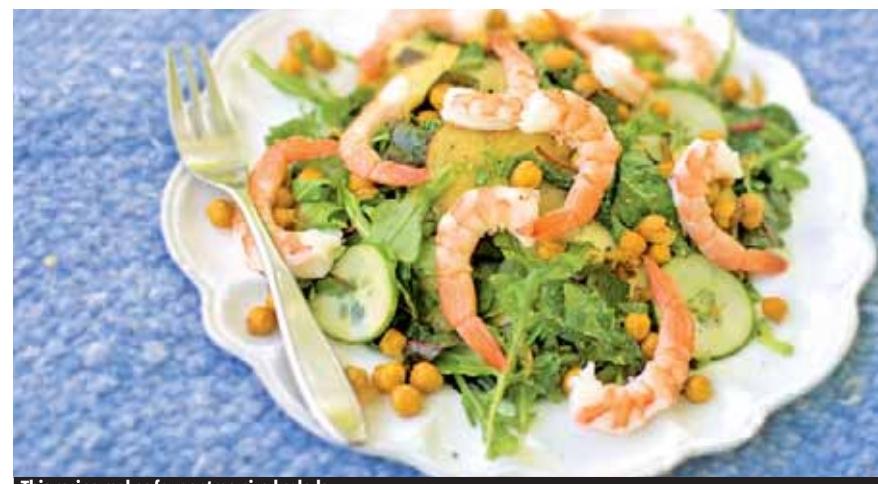
Ingredients

- Two 15-oz can chickpeas, drained, rinsed and dried with paper towels
- 5 tbsp olive oil, divided
- 1 tsp curry powder
- Salt and ground black pepper
- 4 tbsp rice vinegar
- 4 tsp brown sugar
- 2 tsp Dijon mustard
- 1 bunch Swiss chard, chopped
- 5-oz package baby arugula
- 1 seedless cucumber, sliced
- 4 stalks celery, thinly sliced
- 3 nectarines, pitted and thinly sliced

Protein suggestions

- Soft-boiled or poached eggs
- Sliced cooked chicken breast
- Cooked shrimp
- Lightly seared and thinly sliced steak
- Marinated tofu or seitan
- Feta or halloumi (Greek grilling) cheese

Chickpeas and nectarines in an anything-but-boring salad



This recipe makes four entree-sized salads. MATTHEW MEAD / THE ASSOCIATED PRESS

cucumber routine that becomes all too tiresome all too quickly.

1. Heat the oven to 400 F.

2. In a medium bowl, toss the chickpeas with 1 tablespoon of the olive oil. Add the curry, then a little bit of salt and ground black pepper, as needed. Toss well to

coat evenly, then spread the chickpeas in a single layer on a rimmed baking sheet. Roast for 30 minutes, then set aside to cool.

3. Meanwhile, in a small bowl, whisk together the remaining 4 tablespoons olive oil, the rice vinegar, brown sugar and Dijon mustard. Season with salt and black pep-

per. Set aside.

4. In a large bowl, mix together the Swiss chard, arugula, cucumber, celery and nectarines. Drizzle the dressing over the salad, then toss gently to coat. Divide between 4 serving plates. Top with the roasted chickpeas and your choice of protein.

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Healthy eating

Choose it and lose it



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Little poppers are hits at get-togethers, but don't feed your guests calories, fat and sodium by serving the wrong ones.



6 Heinz-stuffed jalapeno peppers

560 calories / 36 g fat / 1,200 mg sodium

Cream-cheese-stuffed and fried peppers are a high caloric and fat app, with a day's worth of sodium.



7 M&M Zucchini sticks

170 calories / 9 g fat / 380 mg sodium

Even though these are breaded and deep fried, they are much lower in fat, calories and sodium than the stuffed jalapenos.

The greatest intern fails

Horror stories galore — including dead dogs and Twitter meltdowns

KATHRYN GILBERT
Metro World News

Cinema reflects all our real life hopes and fears — love affairs, the much feted zombie apocalypse, rags to riches tales, the list goes on. And its latest addition is that post-college, unpaid right of passage, as portrayed by Vince Vaughn and Owen Wilson's straight-shooting-titled *The Internship*. But is it a hope or a fear? In a job market where you need experience to get experience, persuading someone to let you work your ass off for them for free is tough. The fashion industry has become particularly notorious in the world of unpaid labour. Because whilst getting your foot in the door at *Vogue* is the modern day equivalent of being accepted into NASA way back when, there are a lot of horror stories out there. From hydration politics (for real) to social media meltdowns, we've rounded up the best of them. Or perhaps that should be the worst of them.



The untimely demise of Alan TBH Plumpstre

Hats off to the intern who managed to inadvertently allow the death of one of the fashion world's most beloved pets, which had a Twitter following to rival Choupette's. The intern in question was walking Tatler's in-house dog when his head got stuck in the revolving doors. A gargantuan rescue attempt ensued, with no less than two fire engines (yes, that's two burning homes that bit the dust) and 10 firefighters rushing to the scene. But alas, nothing could be done for the dachshund. Despite the media being up in arms over this, nothing is now known of the culprit of the crime — a.k.a. the intern. A silence that speaks volumes, one might say.

The intern who tried to bring down Hearst

Diana Wang, the "Intern Muckraker," tried to fight the good fight. Her four-month-long accessories internship with Harper's Bazaar ended in a lawsuit against Hearst that grabbed international headlines. Wang claimed that her 40-hour plus weeks and duties such as filing her bosses' expense reports went beyond the legal limits of her arrangement. But whilst it was an undoubtedly brave thing to do, it also kind of didn't really work. Other interns refused to jump on the class action bandwagon and so now her case is limping on solo. That being said, Wang isn't the only one to try to defend herself. Conde Nast is also now fending off lawsuits from two individuals, one of whom never met a single paid member of staff at W.



Spelling is hard for me. I hate this job. Hope they find someone soon. Robert is picky! We have presented him with 50 people. He's not happy

The great Marc Jacobs Twitter implosion

If you're going to break rank and air your dirty laundry in public, there probably isn't a worse way to do it than via social media. Especially not on an account with more than a million followers. But after deciding he couldn't hack it anymore, the intern in charge of Marc Jacobs Intl.'s Twitter informed the entirety of the Internet: "Good luck! I pray for you all. If you get the job! I'm out of here. See ya! Don't want to be ya! Roberts a tyrant! Seriously! He is tough!" To further his case he also protested: "Spelling is hard for me." Doubtless, neither his tweeting skills nor his literacy are going to go down well with the future employers who will never, ever hire him.



The caste system — via water cooler

Dead dogs, lawsuits and highly public breakdowns have nothing on this horror story. Reported by *Fashionista*, one former intern wasn't allowed to use the same water cooler as the paid employees. We'll just leave you with that one.

When Prada confirms that they're sending all the looks your boss wants,



The Tumblr uprising

We have no idea who is behind the new Tumblr called *Fashion Intern Problems* but it channels the hopes, fears and anxieties of a multitude of souls. Plus, it reads like an entire season of *The Hills* — if it were written by Lauren Weisberger. And it's got a lot of Beyoncé GIFS. So, you know, win-win.



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How to make that major decision

Specialize this. A fresh crop of high school grads are gearing up for campus life — but how do you know what to study?

JULIE KAYZERMAN
Metro World News in New York

For graduating seniors in high school, the excitement of completing the university or college application process and heading off to school just can't be matched. But often, the excitement ends where the anxiety about choosing a major — and the big life questions that come with it — begins. In their new book, *The Secrets of College Success*, professors Jeremy S. Hyman and Lynn F. Jacobs share their tips for students looking for the right major.

Take a minute
Upon entering university, many students are encouraged to declare a major right away, but according to Hyman, that isn't necessary. "We recommend the following: don't major at the door!" she says. "I don't think picking a major is all that important and I think when possible, it's good to delay."

Take advanced courses
Many schools offer introductory courses that are watered-down introductions to subjects as a whole. Therefore students don't really get a sense of what the major is like until they take advanced courses, according to Hyman.



Take a deep breath and investigate your options at school — don't pick your major at the door. iSTOCK

"When possible we think it's best to test the waters," she says, "especially if you can take one or two upper division courses before putting down your quarter."

Go with what you love
It's important to pick something you're interested in, but many students have varied interests and have trouble when focusing on just one course of study. "A lot of students like to double and even triple major and sometimes add a minor or two as well," says Hyman. "This can be a good idea if the majors have some relation to each other, but we think a far better idea is that you have a primary interest." According to Hyman, when picking a major, you are committing yourself to 10 or 12 required courses, so picking two majors — especially ones that don't relate to each other — can be a

tough venture.

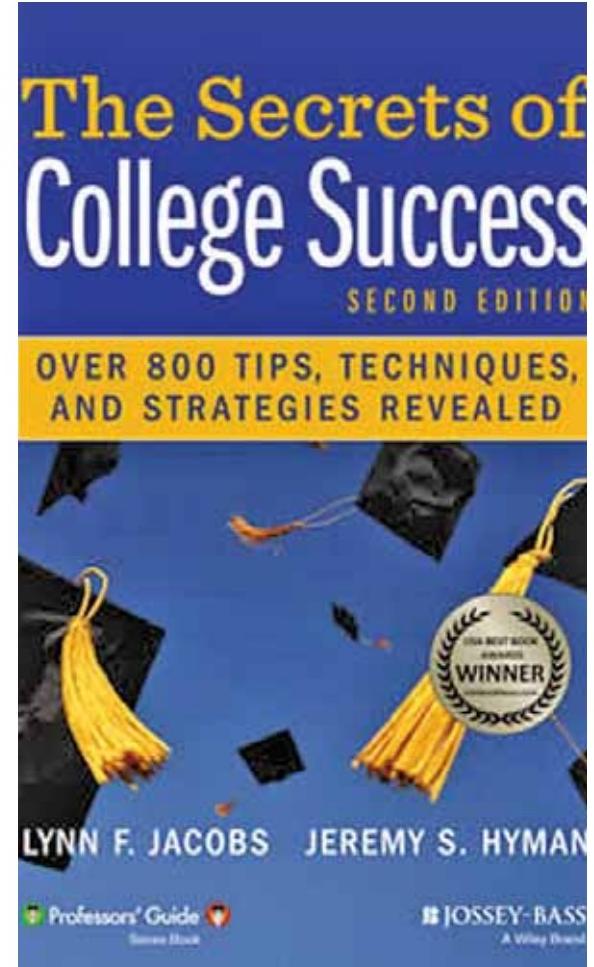
Don't focus too much on the money

"When you major in something, especially (when it is an) undergraduate major that is followed by graduate school," says Hyman, "you're having to pick a career 10 years ahead of yourself and what you think will be good 10 years from now."

Hyman urges students to use caution when thinking so far ahead, because high-paying career choices can change, and so can the interests of the student. "When picking the major, the student should be an educated consumer and (should) use the sources available rather than just lunging at something because they've done it before."

Your major and your career don't always have to be the same thing

Of course there are fields such as health care and information technology that require specific training and Hyman says it makes sense to match your major to a career. However, she says that picking a major is not the end-all, be-all decision. "What businesses complain about most when they hire people is not that they have the wrong major," Hyman says, "but that they have bad writing, analytical or interpersonal skills." Furthermore, Hyman says that there is no real rush. "Students think when they pick a major they're locked in for life to that major and that career. Beginning students should realize that at many colleges it's extremely easy to change a major."



No clue what to do?
Don't panic. According to Hyman, it is best to ask other

people what they're doing and how they like it. "Take more courses, talk to more people, don't panic."

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Steady Snedeker masters Glen Abbey

Golf. Nashville native gets big break along the way to win his first Canadian Open

Brandt Snedeker shot a 2-under par 70 on Sunday to win the RBC Canadian Open by three strokes.

The 32-year-old, who took the lead on Saturday when second-round leader Hunter Mahan withdrew when his wife unexpectedly went into labour, finished at 16 under for the tournament at Glen Abbey Golf Club for his second victory of the season and the sixth of his career.

"This is a tournament I said early on in my career I wanted to win just because my caddie is actually from Canada and it's his national open. It meant a lot to him, meant a lot to me," Snedeker said. "Third oldest tournament on Tour and it's got some great history to it, and now to put my name on that trophy, it means a lot."

Dustin Johnson (70), Matt Kuchar (71), William McGirt (68) and Jason Bohn (71) tied for second at 13 under.

Mahan was seemingly at the top of his game and had a two-stroke lead at 13 under after Thursday's 67 and Friday's 64 before rushing home to be with his wife, Kandi, who gave birth to daughter Zoe Olivia Mahan early Sunday in Texas.

"Zoe will be getting a very nice baby gift from me. I can't thank Kandi enough for going into labour early. I don't



American Brandt Snedeker hugs his Canadian caddie Scott Vail after winning the Canadian Open on Sunday evening in Oakville. NATHAN DENETTE/THE CANADIAN PRESS

Northern slump

David Hearn of Brantford, Ont., was the top Canadian with a final-round 73 to finish at 4 under.

- Mike Weir of Brights Grove, Ont., shot an even-par 72 to finish at 3 under.
- Ottawa's Brad Fritsch was forced to withdraw before

know if I'd be sitting here if she hadn't," Snedeker said with a laugh.

the Round 3 Saturday with a back injury. He shot 69 on Thursday and 73 on Friday.

- The last Canadian to win the national open was English-born Pat Fletcher in 1954. The only Canadian-born golfer to win the tournament was Karl Keffer (1909, 1914).

Snedeker was 1 under on the day after the front nine and birdied No. 10 to move

to 16 under overall. He gave that shot back on No. 12, but birdied No. 16 and parred No. 17 and No. 18 to secure \$1,008,000 of the \$5.6-million purse.

Kuchar said the breezy conditions made for a tough final round.

"Today was by far the hardest day. The wind was strong and coming from a different direction," he said. "Snedeker played some great golf. I played with him Thursday and Friday. He was just so steady and played good for four days."

THE CANADIAN PRESS

MLB

Pujols' year on the line with foot injury

Los Angeles Angels slugger Albert Pujols was put on the disabled list Sunday with a tear in his left foot that could end his season.

Manager Mike Scioscia said the star, who has a partially torn plantar fascia, will be sidelined for "a significant amount of time."

THE ASSOCIATED PRESS

MLB

Tigers ride Peralta to victory over faltering Phillies

Jhonny Peralta's grand slam capped an eight-run sixth inning for Detroit, and the Tigers overcame Miguel Cabrera's ejection in a 12-4 win over the Philadelphia Phillies on Sunday.

Cabrera was tossed while batting with the bases loaded in the third for arguing a called strike and manager Jim Leyland was ejected, too.

In the sixth, the Tigers scored eight runs on only two hits. The Phillies made three errors and walked three batters in the inning.

THE ASSOCIATED PRESS



The Tigers' Andy Dirks welcomes Jhonny Peralta at home plate after Peralta's sixth-inning grand slam on Sunday in Detroit. GETTY IMAGES

Rasmus's walkoff lifts Blue Jays over Astros



Colby Rasmus, centre, celebrates his walkoff single with his Jays teammates on Sunday in Toronto. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Colby Rasmus tried to forget everything that happened early Sunday afternoon.

An 0-for-3 start to the day didn't help the Toronto Blue Jays much, especially when he popped out in a big spot in the seventh inning. But when the Houston Astros chose to again intentionally walk Edwin Encarnacion to get to Rasmus in the ninth, the centre fielder came through with the game-winning single to give the Blue Jays a 2-1 walk-off win.

"It set up the way they want it to, in their favour,

Umpire quagmire

"I've been trying to control myself as much as I can. But it is something that I'm not as good at as other players."

Jays outfielder Jose Bautista, who was thrown out of Sunday's game for arguing a called strike that led to a strikeout in the seventh inning.

with a base open able to walk Eddie," manager John Gibbons said. "And then Colby stepped up."

It was shaping to be a day of missed opportunities. The Jays stranded 12 runners and had plenty of chances to take the lead.

"The at-bat before that was a tough one," Rasmus said. "The last at-bat I went up there telling myself I'm looking for a cookie and I'm not swinging at nothing else until I have to."

Jays right-hander Todd Redmond had his best major-league start. The converted reliever struck out a career-high 10 in six strong innings.

THE CANADIAN PRESS

Horoscopes

Aries

March 21 - April 20

Don't start the week in a negative frame of mind. Everything will be resolved to your complete satisfaction over the next seven days – as the Sun in your fellow Fire sign of Leo suggests.

Taurus

April 21 - May 21

Recent setbacks may have been disappointing but you will begin to see them in a more positive light over the next few days.

Gemini

May 22 - June 21

Beneath that cool exterior you are worrying about all sorts of weird and wonderful things. Why? It's really all good.

Cancer

June 22 - July 23

Life has taken a more serious turn in recent days and you will certainly have to take a more responsible approach to matters related to your finances this coming week. Do whatever it takes to make ends meet.

Leo

July 24 - Aug. 23

Something you hear today will no doubt worry you a bit but if you make an effort to read between the lines you may discover that the "facts" are not quite what they seem.

Virgo

Aug. 24 - Sept. 23

An interesting offer will come your way today but you are more than a little suspicious about it. Why would someone you hardly know want to help you? Whatever the reason it's a genuine offer, so say "Yes".

Libra

Sept. 24 - Oct. 23

You don't need an excuse to have a good time so don't bother looking for one. The Sun in Leo demands that you spend as much time as you can with your real friends – they're the ones who make you laugh.

Scorpio

Oct. 24 - Nov. 22

Whatever happens keep your wits about you and keep your eyes and ears open for opportunities you can exploit.

Sagittarius

Nov. 23 - Dec. 21

If something is bothering you – and it is – then you must pluck up the courage to ask for advice, even though you hate to reveal you are not in control.

Capricorn

Dec. 22 - Jan. 20

From the look of your solar chart it seems you are in possession of inside information that can be used to further your ambitions. Is it immoral to do so? Of course not.

Aquarius

Jan. 21 - Feb. 19

Someone is trying to grab your attention and sooner or later you are going to have to see what they want. Make it sooner if you can because if you are obliged to do them a favor

Pisces

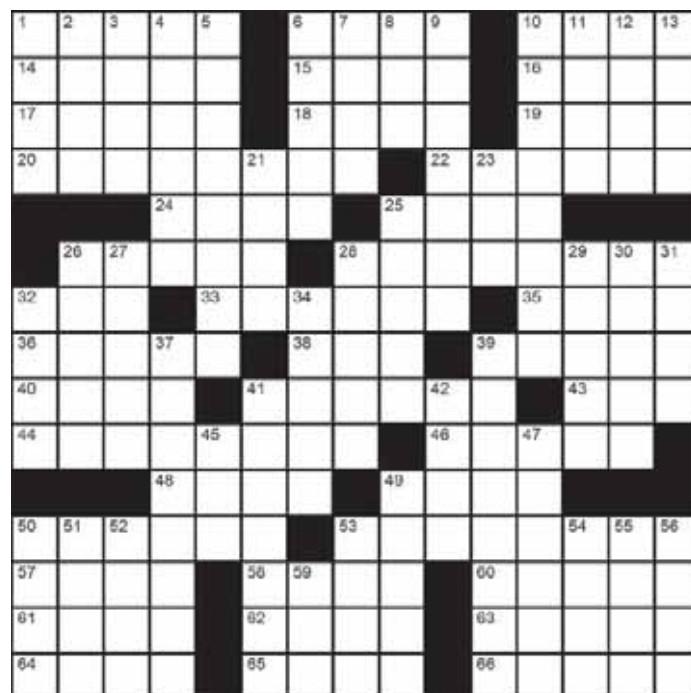
Feb. 20 - March 20

You seem to have overdone it a bit over the past week or so and now you must rest and recuperate. Even if you still seem strong physically your mind is certainly feeling the strain. SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Beyoncé's alter-ego, __ Fierce
6. Guns the engine
10. Succeed antonym
14. Mil. rank, __.
- .
15. Fail to mention
16. Gloriole
17. __ pursuit, as police-to-a-criminal
18. Knocked noggin result
19. Thingy
20. Tortilla chips brand
22. This clue's direction
24. "Let's leave __ that then."
25. Island of the Marianas
26. Vancouver-born actress, Kristin __
28. Where Queen Elizabeth summers in Scotland, __ Castle
32. Observe
33. Singer Mr. Rucker
35. Three x Three's answer
36. Dumbstruck: 2 wds.
38. Finish
39. __ Temple Pilots
40. Constellation for the star Vega
41. Chuck's bride



on July 29th, 1981:

- 2 wds.
43. __ du jour = Juice of the day
44. British Columbia city
46. Killer whales
48. Ad-__ (Improvises)
49. Toronto attraction, Casa __
50. Sir Mackenzie __ (Prime Minister, from

1894 to 1896)

53. 'D' of TD Bank
57. Oomph
58. Sigher's word
60. Hamilton street; or, "Lost" character
61. Sell
62. "The Good __" on CBS
63. __ the news today, oh boy..." - The Beatles

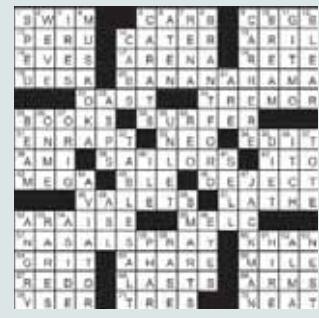
64. Lotus position-doing class

65. Hardens
66. Ms. Perry's of music
- Down
1. Skirt feature
2. __ time (Never): 2 wds.
3. Learning insts.
4. Band #33-Across

fronted, __ & The Blowfish

5. Elevation
6. Sci-Fi flick 'creature'
7. Aussie birds
8. Bathroom cleaning brand
9. As per #41-Across, where the royal nuptials took place: __. Cathedral
10. The __ Banff

Friday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku

8	0	5	2	7	1	4	3	9
3	7	2	4	5	8	1	6	
4	9	1	8	3	6	2	5	7
6	8	3	5	4	7	1	9	2
9	1	7	6	2	3	5	8	4
5	2	4	9	1	8	7	6	3
1	3	8	7	9	2	6	4	5
2	4	9	1	6	5	3	7	8
7	5	6	3	8	4	9	2	1

2		1	9		5
	7			6	3
9	8		1		6
	4	2	3	7	
3		4		2	9
	5		7		
	8		1		
3		6		7	
8		3	6		7



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